

MARIA ZEMP (she/her)

Trainer, Coach and Supervisor

CONTACT

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PROFILE

Maria Zemp is a trainer, coach and supervisor with many years of experience psychosocial trauma work as well as education and counselling work in Germany, Switzerland and the Global South. She has a great insight into counselling institutions in the social sector, organisations and projects of the international cooperation sector, health system institutions and civil society contexts.

FOCUS AREAS

- Organisational consulting on staff welfare, implementation of a Mindful Organisational Culture® for leaders, teams, organisations, social institutions and civil society actors
- Staff Care and MHPSS Consultant in conflict areas
- Trainings (Germany, Swiss, Austria) on stress and trauma sensitivity in the context of human rights violations: gender-based violence, refugee context, (multiple) discrimination and racism
- · Coaching, supervision and facilitation of development and change processes in teams and organisations

EDUCATION AND TRAINING

- Body Psychotherapy (ECP)
- · Trauma counselling
- Coach (ISP)
- Alternative practitioner
- Nurse

WORK EXPERIENCE

- Since 1992 until today self-employed in own practice (therapy, counselling, supervision) with a focus on trauma counselling
- Since 1992 until today, lecturer in adult education, with a focus on social and health care and civil society contexts
- Since 2003 until today MHPSS Consultant in international development cooperation, focus countries: Afghanistan, Liberia, Autonomous Republic of Kurdistan
- Since 2005 until today: Stress and trauma sensitivity (trauma pedagogy) in youth welfare services

LANGUAGES

• German, English, French (passive)

www.mariazemp.de